

# THE CINNAMON TOAST

SEPTEMBER 11, 2008

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## DISTINGUISHED CLUB PLAN

1. Have 1 CC, need 1 more CC
2. Need 2 CCs
3. Have one ACB
4. Need one ACB, ACS or ACG
5. Need one CL, ALB, or DTM
6. Need one more CL, ALB, or DTM
7. Have 1 new member, need 3 more
8. Need 4 new members
9. 5 officers trained July, need 4+ trained January
10. Must submit dues and officer list on time

## PRESIDENT'S VISION

For the last few year Cinnamon Toastmasters has seen quite a few changes. When the company where our club was founded closed its doors, many of our members found jobs in other states. When the odds were stacked against us, we did not turn away or give up. We knew that what we were doing was important. We knew that we would become a better club and better people by sticking with it. I have seen the members of this club grow and blossom, going outside their comfort zones to find new jobs and even new careers and leaning on the tools that they learned from Toastmasters to get there.

As I look forward to this new Toastmasters' year, I see that the whole world is open to us. There is nothing that is beyond our reach if we are willing to commit to the programs developed by Toastmasters. The members of Cinnamon Toastmasters genuinely care about each other, and go the extra mile with guest and new members to help them feel at ease. Now that most of the original members are all settled into their new jobs, we are focused in on reaching out and helping others who may be struggling with self confidence in speaking and wanting to learn leadership skills. I look forward to this New Year and the growth that will come to our club and to me personally.



Mysti Arnold, President  
Cinnamon Toastmasters

Editors note: Mysti is a founding member of Cinnamon Toastmasters and has served the club in all the officer's positions.

## HUMOROUS SPEECH CONTEST

We held our humorous speech contest on September 4th. Our two contestants had us laughing with their funny stories.

Tracy Arnold drew the first speaking slot. He told about his first experience in public speaking – announcing marching bands at Sun Devil Stadium. The loudspeaker system had a serious time-lag which really threw the scheduled announcer off. Tracy had to step in at the last moment to fill those shoes.

Mysti Arnold talked about Mother's Day – and her church's attempts to honor the mothers in their congregation. The mothers found out Mysti was on the



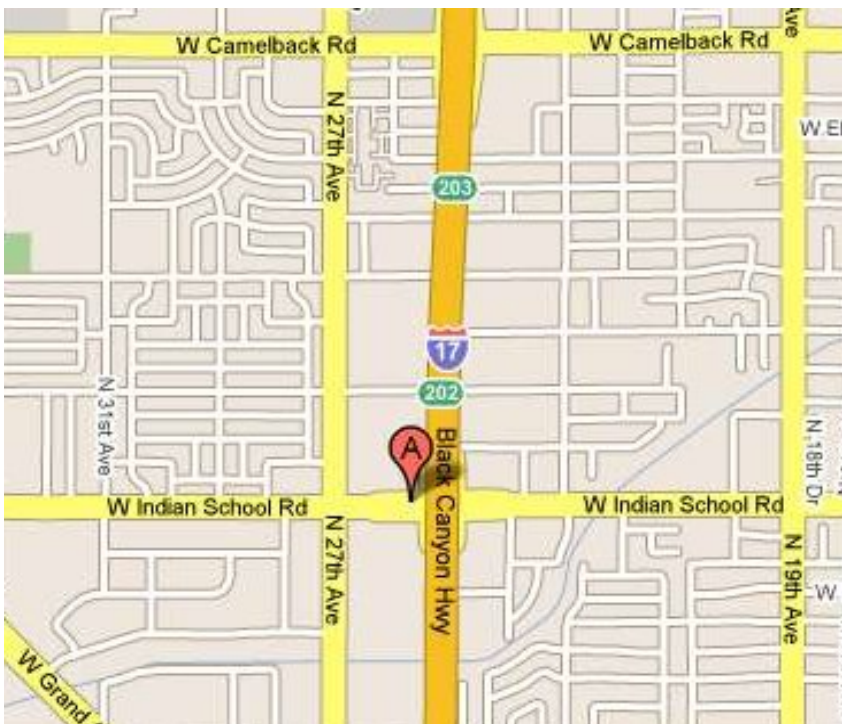
committee and made her promise there would be no useless carnations or bird-food granola. They wanted choco-

lates. She had us hysterical with her innuendos – should they give the moms a Mounds bar? A Milky Way? Not a Snickers. Perhaps the best choice of all would be Hot Tamales.

Though both speakers did a fantastic job, Mysti won and will represent Cinnamon at the Area Contest on Friday, Sept. 19th.

Thanks to Susan Potter for doing a great job as Toastmaster. Her creativity shined. We had guests Connie Galeener and Area Governor Sallie McGuire there to help fill functional roles.

## OUR NEW OLD MEETING PLACE AND AN OPEN HOUSE



Cinnamon members are excited to move our meeting location from the noisy JB's at Christown Spectrum Mall back to the quiet meeting room at JB's Restaurant on Indian School Road, just west of I-17.

Our new meeting place is also our old meeting place. We met there for several months and would

Would you give out Mounds candy bars to all the mother's at your church on Mother's Day?

have happily stayed.

We are glad that JB's experiment of closing at 3:00p.m. was a failure!

To celebrate our return to this location, we will host an **OPEN HOUSE** on Thursday, September 25, 6:00 p.m. to 7:30 p.m.

We are on the web!

<http://cinnamontm.awardspace.com>

CINNAMON  
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The mission of Cinnamon Toastmasters club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn foster self-confidence and personal growth.

Cinnamon Toastmasters meets every Thursday from 6:00 to 7:00 p.m. at JB's Restaurant, 2560 W. Indian School Rd., Phoenix, Arizona

### UPCOMING EVENTS

- Saturday 9/13—9:00 to 11:00 AM. Area P4 Humorous Speech Contest at APS Downtown, 400 N. 5th St. Cost \$3.00. Parking will be validated.
- Friday 9/19— 7:00 to 9:00 PM. Area C1 Humorous Speech Contest. Come to support Mysti as she competes against the other C1 Club winners.
- Thursday 9/25— 6:00 to 7:30 PM. Our club's Open House! Invite guests and help make our open house a huge success!
- Fri.—Sun. 11/7—11/9. District 3 Fall Conference, Tempe, AZ.



### MEETING SCHEDULE

Functionaries & Dates	9/11/08	9/18/08	9/25/08	10/2/08	10/9/08	10/16/08	10/23/08	10/30/08
<b>Toastmaster</b>	Julia	Tracy	Joyce	George	Jim	Lisa	Arleen	Susan
<b>General Evaluator</b>	Tracy	Joyce	George	Jim	Lisa	Arleen	Susan	Belinda
<b>Table Topics Master &amp; Joke Master</b>	Joyce	George	Jim	Lisa	Arleen	Susan	Belinda	George
<b>Word Smith &amp; Timer</b>	Susan	Jim	Lisa	Susan	Susan	Belinda	Mysti	Lisa
<b>Ah Counter</b>	Jim	Lisa	Arleen	Charlie	Belinda	Julia	Tracy	Joyce
<b>Grammarian</b>	Lisa	Arleen	Tracy	Belinda	Julia	Jim	Joyce	Jim
<b>Speech Evaluator</b>	Arleen	Susan	Belinda	Julia	Tracy	Joyce	George	Tracy
<b>Training Program</b>	George	Julia	Mysti	Tracy	Susan	George	Julia	Arleen
<b>Speaker #1</b>		Charlie	Susan	Arleen	Joyce	Tracy	Jim	Julia
<b>Type of Speech</b>		#1 Ice Breaker			#2 Organize Your Speech		#3 Get To The Point	